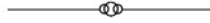


S E N S E®
A ROSEWOOD SPA



Spa Etiquette and Guidelines

- Hours of Operation: Daily, 10 a.m. to 6 p.m. *Closed Tuesdays*
- Reservations are required, Walk-ins are not permitted at this time, to reserve please contact: bermuda.spa@rosewoodhotels.com
- Indoor Spa Treatments, APEX 360 Fitness Classes, and use of the Fitness Centre are strictly available to immunized guests, club members, and island residents, or patrons who have received a negative “Day 14” Covid test.
- The Fitness Centre observes physical distancing between indoor equipment and exercise areas, as such maximum occupancy may be reduced to maintain distancing.
- A short questionnaire will be sent upon confirmation of a reservation to collect required personal information including address, telephone number, and email. The questionnaire should be completed and sent prior to the appointment.
- Please arrive no more than 15 minutes prior to appointment time.
- The wearing of face masks is mandatory while moving indoors within the spa but may be removed for treatments and wellness experiences that require the removal of face masks.
- After your Spa experience we invite you to relax at the reflection pool where you may enjoy a healthy lunch which can be ordered upon check-in for your treatment.
- Steam room and Sauna remain unavailable at this time.
- Enhanced treatment suite cleaning will ensure suites and all equipment are thoroughly cleaned before each use.
- Therapists will be using face masks during all treatments to ensure a hygienically safe experience.
- The entire spa facility will be deep-cleaned daily, and electrostatic disinfectant sprayers will be utilized to maintain cleanliness during the day.

**Prices and services are subject to change. A 17% gratuity will be added to all services. Certain services may be modified to ensure the health and safety of guests and associates.*

To reserve, please contact:

bermuda.spa@rosewoodhotels.com

TREATMENT MENU

Essential Skincare

		BMD
360 Global Anti-Aging Ritual	90 min.	330
<p>Developed to maximize the skin's beauty and reduce any signs of aging by acting on the most sensitive areas of your face. This treatment has been developed for mature, dehydrated, tired and dull skin in need of an extreme solution to fight the signs of aging. Including an eight-step skin care ritual to assist in the skin's recovery, this treatment includes a specialized Bio-collagen treatment mask, back and scalp massage and intensive ingredients to help fight the signs of aging. A true anti-aging experience from start to finish.</p>		
Absolute Radiance Skincare Ritual	90 min.	330
<p>Created for skin with increased pigmentation and dark spots, your treatment begins with a neck, back and shoulder massage to help intensify the relaxing effects of this facial throughout your entire body and your face. A facial experience that nourishes and renews your skin to highlight your youthful appearance & naturally balanced complexion. Leave, feeling simply radiant.</p>		
Beach Repair Gentleman's Facial	90 min.	330
<p>This anti-aging facial helps protect and restore skin damaged by the hands of time, sun exposure and razor burn. The face is deep-cleansed and exfoliated then treated with a mask tailored to the skin's specific needs. Drift away with a relaxing face, shoulder, neck and head massage.</p>		
Soothing Waves Sensitive Skin Facial	90 min.	300
<p>An especially effective treatment for rosacea, or sensitive or severely dehydrated skin. Designed to calm irritation, replenish lost nutrients and boost the skin's natural ability to protect itself against environmental damage</p>		
Sea Of Life Ritual	90 min.	330
<p>A personalized treatment that combines custom cleansing and a restorative mask with biodynamic Cranial-Facial Therapy. Organic algae extracts and natural botanical oils restore vital nutrients, vitamins and minerals directly to skin. A therapeutic neck, shoulder, and hand massage leaves you glowing from the inside out. Face, jaw and neck tension slips away and a feeling of peace and well-being flows in like the soothing tide.</p>		

Sense of Well-Being (Massage)

		BMD
Cedar Warming Massage	90 min.	310
<p>This full-body, deeply warming massage uses light cedar and juniper essential oils to melt away muscle tension and improve circulation, for a deeply relaxed and balanced feeling.</p>		
Deep Tissue Massage	90 min.	310
<p>Designed to release tension, this massage focuses on the deeper layers of muscles. Deep strokes and pressure point techniques, combined with a special body serum, help to relieve muscular tension.</p>		
Natural Aloe Massage	90 min.	290
<p>This all-over relaxing and hydrating massage employs locally harvested aloe to remove toxins and relieve stress. Gently warmed in winter and slightly cooled in summer, the pure aloe gel is combined with a light marine cream and worked into the skin using various techniques including Swedish, lymphatic drainage and pressure point massage.</p>		
Fusion Massage	90 min.	290
<p>This customized massage experience integrates practices from the East and West to create harmony between body, mind and spirit. Expert therapists can incorporate a variety of techniques and modalities, or guests can choose in advance from options that include, lomi lomi, obsidian and onyx stone massage, warm stone massage, reflexology and shiatsu.</p>		
Baby On The Way	60 min.	210
<p>A powerfully beneficial experience for expectant mothers past their first trimester. This safe and gentle massage helps relieve back and leg pain, improves sleep and promotes overall balance and relaxation. A great way to show appreciation for a mother-to-be.</p>		

Sense of Body & Final Touches

Bermuda Beekeeper Scrub and Massage	90 min.	BMD 300
<p>This sweet exfoliating massage uses a scrub of pure honey and cane sugar to leave the skin bright and glowing. After tropical rain splash therapy in the Silver TAG® shower, where 18 showerheads act in concert to massage the entire body, guests enjoy a relaxing massage with pure organic shea butter and the aromatherapy blend.</p>		
Generous Hands Manicure	60 min.	135
<p>This unique manicure begins with a nourishing seaweed soak followed by a brightening hand mask to lighten hyperpigmentation. The treatment then includes organic cuticle care and a hand and arm massage. It may be completed with an application of polish.</p>		
Energy Connection Pedicure	60 min.	145
<p>Designed to energize and invigorate legs and feet with a stimulating caffeine and mint deep tissue massage, aromatic exfoliation and mineral soak.</p>		

**Prices and services are subject to change. A 17% gratuity will be added to all services. Certain services may be modified to ensure the health and safety of guests and associates.*

To reserve, please contact:

bermuda.spa@rosewoodhotels.com