

A modern courtyard featuring a large, vertical living wall covered in dense green foliage. The wall is divided into a grid of rectangular panels. In the foreground, there is a light-colored concrete or stone patio area with several black lantern-style outdoor lamps. To the right, a raised platform holds a wooden dining table and chairs. The overall atmosphere is serene and contemporary.

asaya

Membership

The Foundation of Your Wellbeing

Asaya means “setting an intention or hope” to propel self-change and transformation in Sanskrit. It’s both a philosophy and a practice – a holistic wellness approach for the mind, body and inner self.

As the first urban outpost of Asaya signature integrative wellness, our membership programme is available for individuals who are passionate about their personal wellbeing and seeking an elevated wellness journey that encourages participation in a new social community of Hong Kong, alongside a list of unique additional benefits and services to fulfil specific individual’s wellness goals.

Asaya’s beautifully landscaped, verdant spaces encourage journeys of quiet contemplation, while the 25-metre-long outdoor swimming pool promises luminous, panoramic views of glittering Victoria Harbour.

Within this serene setting, our three resident practitioners assess and guide our members. Providing one-on-one attention and tailored expertise, our practitioners ensure every Asaya member is on a path to complete wellbeing, based on their personal needs and goals.

Kit Shum, an expressive arts therapist and hypnotherapist, harnesses creativity to help guests communicate their feelings, thoughts and emotions in rejuvenating ways. Meanwhile, bodywork specialist Terry Burge works with individuals to realign the body to allow natural movements, as well as relieve stress and pain. And celebrated naturopath and nutritionist Saimaa Miller guides members on a pathway to optimal health.

Offering expert insights, peaceful spaces, state-of-the-art technology and curated social events, Asaya has cultivated a thoughtful community of like-minded people. Embark on your personalised wellness journey today.

Asaya Membership

Unlocking a world of wellness benefits and insights, the Asaya Membership promises unlimited access to Asaya's infinity pool, verdant outdoor spaces and fitness centre any day of the week. Arming you with deeper well-being insight, each member will enjoy a combination of six complimentary fitness, psychology consultation and lifestyle assessments, as well as two complimentary Pear-3D facial skin analysis sessions.

Our Asaya Membership has been designed with your complete well-being in mind, providing a mix of luxurious perks to enjoy at your convenience. The list includes two private sessions with our resident practitioners, 10 personal training sessions, 12 complimentary guest passes per membership year, discounts across Rosewood Hong Kong's wellness and dining services, hotel guestroom upgrades, exclusive invitations to Asaya events, and two one-night stays at one of our beautiful Asaya Lodges per membership year.

Unlimited access

Fitness Centre (24 hours)

Group classes

Swimming pool

Bath House

Urban Garden & Asaya Gallery

Wellness assessments

Two 45-minute Body Composition Testing

Two 45-minute Functional Fitness Analysis

One 45-minute Wellness Lifestyle Assessment

One Genetic Analysis

One 60-minute Psychology Consultation

Two 30-minute Pear-3D Facial Skin Analysis

Complimentary

Two one-night stay at Asaya Lodges with breakfast and one skin-health treatment up to HKD2,580

One 60-minute private session with wellness practitioner

One 60-minute Naturopathy consultation

Ten Personal Training sessions

One-time free rental booking at Social House (eight hours)

Twelve Asaya Day Passes

Complimentary laundering of fitness attire

Shoe locker

Benefits

Three-hour complimentary parking per Asaya visit

Priority guestroom bookings and room upgrades at Rosewood Hong Kong

Priority guestroom bookings and room upgrades at Rosewood Phuket

Asaya Welcome Kit with a selection of signature wellness amenities

Invitations to exclusive quarterly dinner club events at Asaya Kitchen

Preferred rate on Social House booking

Priority bookings with wellness practitioners

Priority personalised invitations to Asaya wellness workshops and events

Discounts

10% discount on beauty retail products

20% discount at Asaya Kitchen

20% discount on wellness services

15% discount on wellness services at Rosewood Guangzhou and Rosewood Phuket

15% discount at Rosewood Hong Kong's restaurants and bar

Individual Membership

HKD 96,000 / year

Couple Membership

HKD 165,000 / year

Asaya Active

Asaya Active offers unlimited access to Asaya's state-of-the-art fitness centre, beautifully landscaped grounds, group classes and infinity pool from Monday to Friday. To ensure every member begins their personalised wellness journey with a baseline evaluation, Asaya provides a suite of complimentary genetic, lifestyle, fitness and psychology consultation which will guide each member's personal programme.

Asaya Active also includes a range of thoughtful services and perks, such as two Pear-3D facial skin analysis sessions per year, discounts across Rosewood Hong Kong's wellness and dining services, exclusive invitations to Asaya events, a one-night stay in a luxurious Asaya Lodge, and much more.

Weekday access (Monday – Friday)

Fitness Centre (24 hours)

Group classes

Swimming pool

Urban Garden & Asaya Gallery

Wellness assessments

One 45-minute Body Composition Testing

One 45-minute Functional Fitness Analysis

One 45-minute Wellness Lifestyle Assessment

One Genetic Analysis

One 60-minute Psychology Consultation

Two 30-minute Pear-3D Facial Skin Analysis

Complimentary

One-night stay in an Asaya Lodge with breakfast and one skin-health treatment up to HKD2,580

One-time free rental booking at Social House (four hours)

Shoe locker

Benefits

Three-hour complimentary parking per Asaya visit

Priority guestroom bookings and room upgrades at Rosewood Hong Kong

Asaya Day Passes: members can purchase up to 12 Day Passes at HKD1,080 per pass

Asaya Welcome Kit with a selection of signature wellness amenities

Invitations to exclusive quarterly dinner club events at Asaya Kitchen

Preferred rate on Social House booking

Priority bookings with wellness practitioners

Personalised invitations to Asaya wellness workshops and events

Discounts

15% discount at Asaya Kitchen

15% discount on wellness services

15% discount at Rosewood Hong Kong's restaurants and bars

50% discount on laundering of fitness attire

Individual Membership

HKD 72,000 / year

Couple Membership

HKD 125,000 / year

Terms and conditions

Asaya

The wellness treatments discount do not include retail items, expanded wellness services or Asaya programming and is applicable for treatments priced at HKD1,000 or more before service charge.

Day Passes can be utilised Monday to Thursday only and within the contracted year.

Day passes provide access to the gym, lockers, classes and pool only. It does not provide other benefits listed above.

Limit of two Day Passes per day per member and members must be present with Day Pass guests.

Advance reservations for treatments and classes are required.

This offer cannot be combined with any other promotions or special rates.

Additional charge applies for classes with visiting practitioners.

In case of dispute, Asaya reserves the right of final decision.

Blackout dates apply and all benefits are subject to availability.

Laundry discount and laundry service is limited to a maximum of six pieces each time with 48-hour turnaround.

Complimentary parking is only available to Asaya members and is not applicable for friends or family. Parking privileges are not cumulative and unused daily complimentary parking time cannot be applied to a future visit.

Complimentary parking is only extended to members on property for Asaya services, eg. treatments, gym, class, swimming pool, retail purchase, etc.

Following three hours complimentary parking, a HKD100 per hour parking fee will be applied.

The three complimentary parking hours are to be used once per day maximum.

The service charge is calculated on the non-discounted amount of the bill for wellness services.

Discounts cannot be redeemed for cash, sold or exchanged for any other products or services.

The complimentary one-night stay in an Asaya Lodge is subject to availability and must be booked through the Asaya concierge team.

The room upgrade to the next category at Rosewood Phuket is subject to availability upon arrival and applicable to one-bedroom units only. Blackout dates apply.

Rosewood Hong Kong

The 15% discount is applicable in Holt's Café, The Legacy House, Bayfare Social, The Butterfly Room (not applicable to Afternoon Tea Menu) and Butterfly Patisserie (applicable to food items only; does not apply to retail items or gift card purchases.)

To enjoy the discount, cardholders must make reservations by calling the food and beverage reservations team at +852 3891 8732 and mention their Asaya Member discount. Reservations are subject to availability.

Discount is applicable to a maximum of six diners, including the member.

Discount is applicable for dine-in consumption only.

Discount is not applicable to corkage, cake-cutting fee or other miscellaneous charges.

Discount is not applicable to private dining room reservations.

Service charge is calculated on the discounted amount of the bill.

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