

ROSEWOOD HOTEL GEORGIA




Standing outside one of the most historic buildings in Vancouver, you can truly appreciate its history and aura of legends come and gone. An icon among the generations of Vancouver, Rosewood Hotel Georgia extends to all guests a contemporary and sophisticated, timeless appeal.

Honouring well-being by integrating the powerful healing traditions of the past with the wellness advancements of today. Sense, A Rosewood Spa® offers guests a refined experience and a chance to indulge in Vancouver's rich history and local ingredients inspired by Rosewood's Sense of Place philosophy.

Sitting above the bustling streets of downtown Vancouver, Sense spa is the perfect urban escape, where an intimate balance of the senses awaits to truly replenish your spirits.

Here you don't have to choose, you truly can have it all.



A SENSE *of* PLACE®

In an exquisite environment of luxury and tranquility, Sense, A Rosewood Spa® offers an extensive range of therapies, treatments and signature offerings. Sense spa's design and concept are inspired by purity and authenticity and our signature treatments, based on our host culture's "lost recipes" for health and beauty, incorporate carefully selected natural ingredients and remedies.

A SENSE *of* BALANCE

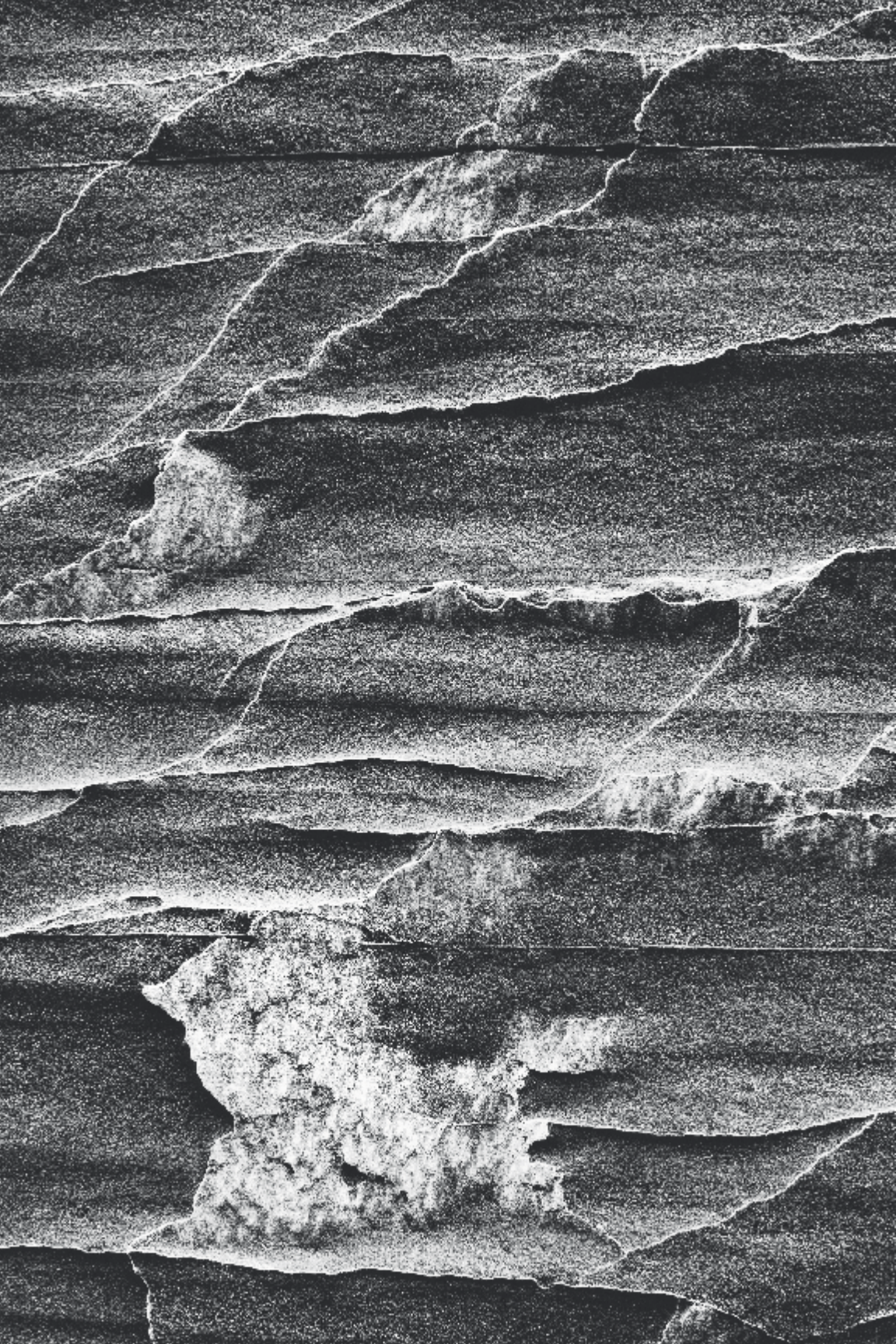
Delivered by local practitioners, our exclusive experiences blend science and nature to harmonize the body and the mind with lasting impressions of serenity, radiance and well-being.

A SENSE *of* INDIVIDUALITY

Each Sense spa adopts a personalized approach, customizing experiences to one's individual needs. A visit to our spa is a personal journey tailored to achieve optimum results. Treatments may be shortened or extended depending on the desired outcomes, but the effects and benefits are designed to be long-lasting.

SENSE SIGNATURE

To enhance the mind-body-spirit connection, not only has a special organic essential oil been exclusively blended for Sense; but our special product range draws inspiration from the traditions and culture of the Canadian West Coast. It contains indigenous and organic ingredients including pacific seaweed, Canadian glacial clay and pure essential oils derived from local plants and flowers such as cedar, sage, lavender and rosemary.



LOST REMEDIES



HONOURING ANCIENT RITUALS AND
HEALING PRACTICES OF THE INDIGENOUS
WEST COAST CANADIANS. TRADITIONAL
SWEAT LODGES, SMUDGING CEREMONIES
AND THE APPLICATION AND INGESTION
OF HERBS AND PLANTS ARE USED TO
PROMOTE BALANCE AND CONNECTION
TO THE PHYSICAL, MENTAL, EMOTIONAL
AND SPIRITUAL ASPECTS OF EACH
INDIVIDUAL.

These holistic traditions have been passed down through generations and are still practiced today throughout British Columbia. With positive intentions, these ceremonies are performed to improve health and promote healing; clearing away negative energy and allowing one to feel centred and grounded. Elements of water, earth, air and fire work in synergy to invigorate your senses through these timeless journeys.

Experience aspects of a traditional smudging ceremony to cleanse and clear the space of negative energy, allowing you to enjoy all the benefits of your treatment. Led by our experienced spa therapists, calming breath work and the use of herbs, essential oils, and plants will open you up to achieving ultimate relaxation; connecting you to nature and its natural healing properties. Every treatment concludes with a closing ritual to ensure the intention behind your treatment is complete, providing you with balance and solitude as you continue your journey.

SACRED ELEMENTS HEALING RITUAL

90 mins

Warm stones are placed along the body introducing warmth and inducing relaxation. The ceremony begins with an energy balancing breathing ritual. Sink deeper into relaxation as you inhale the healing essential oils blend of sage and cedar, clearing the mind and body. Pacific Ocean kelp aid in the reduction of inflammation and provide minerals and antioxidants to prepare the skin for a gentle Canadian Glacial Clay exfoliation treatment. After being cocooned, a warm stone and herbal oil massage concludes this traditional experience. Awaken with a sense of mental clarity, relaxation and ease of muscle aches and pains.

SACRED ELEMENTS REVIVAL

90 mins

A holistic healing ceremony, focusing on the entire body. Unwind with a revitalizing facial using a balancing blend of essential oils and antioxidants to restore your skins natural glow. A mineral rich mask helps to smooth and tone the skin while a shoulder and scalp massage awaken your senses. Energize tired legs and sore feet with this detoxifying lower leg and foot treatment. Healing sea salt and glacial seaweed mud gently exfoliate and activates circulation while distressing and reducing inflammation. Warm stones are then introduced during a herbal oil massage to ease deep muscle tension, leaving your body relaxed and your skin smoothed.

The Sacred Ritual treatments and related products have been developed by Vancouver based Ancient Secrets Inc., creators of the Beauty Through Balance spa line. All products are made with authenticity and with a respect for nature. Made in British Columbia, Canada.



SENSE JOURNEYS



OUR JOURNEYS ARE COMPLETE LIFESTYLE
IMMERSIONS INTO VANCOUVER'S
MELTING POT OF GLOBAL CULTURE AND
INGREDIENTS. WE UNDERSTAND THAT
HEALING IS TRULY PERSONAL AS ARE
THE DETAILS IN EVERY ONE OF OUR
JOURNEYS.

ROSEWOOD RETREAT

All you want and more

6 hrs

An experience that offers a complete well-being immersion, including some of our best spa treatments. Starting with a customized full-body exfoliation followed by a mineral rich, detoxifying Moor Mud back mask and extended aromatherapy massage to improve mind and body balance and induce a deeper state of relaxation. Enjoy a spa inspired lunch, followed by an Ultimate Facial to tone, hydrate and protect your skin. This sublime retreat concludes with a Perfecting Manicure and West Coast Soakless Pedicure served with a glass of bubbly and sweet treats!

SIGNATURE JOURNEY

A sample of all of our best

4 hrs

Offering you an opportunity to experience some of our most coveted spa treatments, this journey is ideal if you are looking for a sampling of our signature experiences. This half-day package combines a Georgian Revival Massage, Signature Facial, Perfecting Manicure, West Coast Soakless Pedicure and refreshing spa lunch. Go above and beyond with this relaxation experience that showcases some of our finest treatments and ingredients. A perfect selection for any occasion.

SENSE REVIVAL

A head to toe ensemble

2.5 hrs

Experience Maison Caulières, a French body care line exclusive to Rosewood Hotels & Resorts®. Indulge in a full body scrub with bursts of smoothing apricot kernels, stimulating circulation and promoting cellular renewal. After a hot towel removal, enjoy a full body tension relieving massage with your choice of aromatherapy oil. Our luxury Express Lifting Ritual Facial immediately plumps and firms the skin, completing this full body renewal experience.



ESSENTIAL SKIN CARE



YOUR SKIN'S APPEARANCE IS A DIRECT REFLECTION OF YOUR BODY'S WELL-BEING, WHICH IS WHY WE ADDRESS THE OVERALL HEALTH OF YOUR SKIN DURING EVERY VISIT. UTILIZING A LUXURIOUS SELECTION OF GLOBAL SKIN CARE, OUR PROGRESSIVE TREATMENTS OFFER SOMETHING FOR EVERYONE WITH A SPECIALIZED FOCUS ON WHAT MAKES YOU UNIQUE.

EVIDENS DE BEAUTÉ

Inspired by true love, EviDenS de Beauté is the first anti-aging skin care line created for all skin types including sensitive skin. Japanese based technology heightens the formula with a Qal Complex containing Triple Collagen, a unique ingredient increasing cell hydration and the production of collagen, restoring skins strength and elasticity. Sophisticated French properties are also infused, using the most luxurious scents from Grasse, France and Aux De Fraux, a lightly mineralized water known for its healing properties. Our estheticians are expertly trained on exclusive facial massage techniques inspired by Japanese traditions and acupuncture points. Your skin will feel nourished, balanced and refreshed with visible long-lasting results.

INSTANT LIFTING RITUAL

Crème de la crème

90 mins

The ultimate luxury facial specially developed to maximize the skins beauty and smooth the signs of aging, leaving you with a fresh youthful glow. Triple Collagen, Co-Enzyme Q10, Mulberry Root Extract and essential Amino Acids work to regenerate and restore radiance while protecting the most sensitive and fragile skin, increasing circulation and addressing dehydration, dull skin and overall tone. A comprehensive and intoxicating treatment experience, unparalleled.

BEAUTY THROUGH BALANCE

A Canadian based company focusing on the development of high quality natural skin care products that support skin health & vitality while promoting well-being. The Beauty Through Balance spa created by Ancient Secrets Inc. is dedicated to researching and sourcing powerful indigenous ingredients from around the world including Pacific Seaweed and Canadian Glacial Clay from BC's Northern Coast. These powerful ingredients have been recognized and used for centuries for their profound restorative benefits. Creating formulas inspired by the beauty of our surroundings – Made in beautiful British Columbia, Canada.

GEORGIAN SIGNATURE FACIAL

Signature vitality

60 mins

90 mins

A results oriented facial that offers key balancing ingredients to guarantee a radiant complexion. Our signature facial revitalizes skin and restores its tone and visual appearance with a balancing blend of essential oils and antioxidants. This facial includes a gentle cleanse and exfoliation followed by light extractions, an extensive facial massage, treatment mask and luxurious hydrating cream. Your skin will be purified, hydrated, restored and balanced.

INTRACEUTICALS OXYGEN INFUSION

Combining the extraordinary benefits of refined Hyperbaric Oxygen with our Intraceuticals 3-Step Hyaluronic Layering technology. The following experiences are a natural alternative to surgical procedures with immediate results improving luminosity, hydration and suppleness.

REJUVENATION INFUSION

Hydrate and revive

60 mins

A deeply hydrating skin treatment serum including

90 mins

Hyaluronic Acid, Vitamins A,C, & E, Ginger Root and Green Tea. This powerful serum utilizes Hyperbaric Oxygen to promote the delivery of these key ingredients into the skin. You will emerge with a youthful glow, a noticeable reduction in fine lines and a visible lift. Gentle exfoliation, extractions and a rejuvenating facial massage offered with the 80 minute facial.

CLARITY INFUSION

Calm and balance

60 mins

Including effective ingredients of Hyaluronic Acid, Vitamins A,C, E, Salicylic Acid and Allantoin are the ideal combination for blemish-prone, oily or combination skin. This treatment calms and visibly refines the skin while maintaining its natural moisture balance. Gentle exfoliation, extractions and a rejuvenating facial massage offered with the 80 minute facial.

LA BIOSTHETIQUE

In harmony with science and nature, La Biosthetique successfully crafts exclusive products in synergy with leading European University Clinics that combine the best hand-selected natural raw materials with innovative research and science to guarantee outstanding performance. With prestigious French origins and world class German research and manufacturing, La Biosthetique's range of tailored skin care products offers individualized solutions that are perfectly suited to your skin.

ADVANCED CARE FACIAL

Refined and effective

60 mins

Our customized facial addresses dehydration, fine

90 mins

lines and sensitive, problematic skin. Designed to deeply exfoliate the skin and increase its natural ability to retain moisture, this facial results in a visibly smoother, firmer, brighter complexion. Utilizing natural ingredients this facial goes one step beyond our signature facial experience.

ULTIMATE FACIAL

Lift and firm

60 mins

Utilizing micro-current technology, effective in lifting and tightening the skin, this ultimate anti-aging facial offers hydration and incorporates concentrated and professional strength products for superior results. This decadent facial increases circulation, giving the skin a firmer and more refined appearance. The ultimate anti-aging treatment; where the years seem to melt away.

90 mins

SKIN ENHANCEMENTS

To be added on to any of our facials

NUFACE ADD-ON

A micro current lifting and toning facial treatment

ATOXELENE INFUSION

Smooths fine lines and plumps skin for increased anti-aging results

EYE OR LIP TREATMENT

A moisture rich mask to plump, hydrate and soothe the skin





SENSE *of* BODY

ROOTED IN THE PRINCIPLES OF AGE-OLD THALASSOTHERAPIES, OUR BODY TREATMENTS ARE A THOUGHTFUL COMBINATION OF CUSTOMIZED EXFOLIATIONS AND DEEP TREATMENT MASKS SELECTED FOR THEIR INTENSE HEALING PROPERTIES. OUR EXCLUSIVE HYDRO-THERAPY VICHY SHOWER IS FEATURED AS A DISTINCT PART OF SOME OF OUR BODY TREATMENT SERVICES, CHOREOGRAPHING WATER TEMPERATURE AND PRESSURE TO MAGNIFY THE HEALTH BENEFITS AND EXPERIENCE.

LIGHTS OF THE SEASON

Exfoliating and invigorating

120 mins A playful and holistic care ritual inspired by the cycle of the seasons. Indulge in a purifying fig, bergamot and rose body scrub rinsed away with warm aromatherapy towels, followed by a scalp, face and hand massage. Invigorating mint-infused cold compress towels are applied to relieve tired legs moving on to an energizing leg and upper body massage. This poetic journey through the seasons invigorates the body leaving a sense of calm throughout mind and body.

VANCOUVER SIGNATURE SENSATION

Energizing and rejuvenating

90 mins A cool glacial breeze and the aroma of fresh mountain air are captured within this signature service. Our custom blended sea salt exfoliation will melt away dry skin and leave behind a subtle cooling sensation. A cleansing hydrotherapy Vichy experience releases tension, stimulates blood circulation and relaxes tight, sore muscles. Enjoy a hydrating massage with our signature shea butter blended with peppermint and rosewood essential oils to retain optimal moisture.

TIDES

Detoxifying

90 mins The power of the sea is harnessed for advanced cleansing and body firming results. Salts of the earth and sea are combined with concentrated seaweed extract for a full-body exfoliation. Aiding the body in the removal of toxins, a full-body wrap rich in regionally harvested algae and British Columbia glacial clay purifies the skin. This service promotes health by improving circulation, removing toxins, reducing fluid retention and improving the body's tone and texture.

COCOON

Healing

90 mins Recover from the impact of seasonal, lifestyle and hormonal change. This treatment begins with a full body scrub to exfoliate and revive skin tone. Cocooned in warm Moor mud, it nourishes and heals the skin, reducing inflammation and relieving aches and pains. While enveloped in this healing mask, an aromatic scalp, neck and shoulder massage lulls guests into a gentle slumber. Guests are transformed after a warm rinse and rich body hydration application.



SENSE MESSAGES



COMBINING AROMATHERAPY WITH
EXPERT TOUCH, OUR COLLECTION
OF MESSAGES OFFERS A HAVEN AND
RETREAT. AN INFUSION OF AROMATIC
PLANT AND FLOWER EXTRACTS OFFER A
QUALITY BLEND OF OILS FROM AROUND
THE WORLD TO PROVIDE BALANCE AND
RELIEF. OUR HIGHLY SKILLED TEAM
WILL ENSURE THAT EVERY TREATMENT
IS UNIQUELY TAILORED JUST FOR YOU,
RESTORING YOUR BODY'S NATURAL
HARMONY AND BALANCE.

LIKE A FERTILE LAND

Seasonally inspired

90 mins

A full body massage focusing on French healing properties and freely inspired by Deep Tissue techniques. Choose between two of our signature experiences; a comforting creamy massage with citrus notes or broom flower and honey scented enchanting dry body oil. This unique experience includes deep pressure and stretching movements to relieve muscle tension, enhance circulation and stimulate the metabolism for greater detoxification. Easily adjusted for those who prefer a more gentle touch.

GEORGIAN REVIVAL MASSAGE

Relaxing and replenishing

60 mins

90 mins

This extremely luxurious and deeply replenishing massage incorporates a guided breathing ritual accompanied by our signature aromatherapy blend of peppermint, basil and rosewood. Our signature warm oil is poured along the spine to help release tension and transport you to complete serenity. Traditional Swedish massage movements that include gentle to moderate pressure will improve circulation and promote rest and relaxation.

DEEP RELIEF MASSAGE

Tension release and relief

60 mins

90 mins

An incredible deep pressure massage that is helpful in releasing tension and treating muscle stiffness. Focusing on trigger points and connective tissue, our skilled therapists utilize a dedicated set of massage modalities to target specific areas of the body where tension exists. Integrating Swedish and deep pressure massage throughout, this massage promotes relief, relaxation and well-being.

PRENATAL MASSAGE

All about you and baby

60 mins

Rest at leisure while your body is soothed and you are pampered with nourishing aromatherapy oils specially blended for expectant moms. Prenatal support is offered allowing you to lay comfortably on the table while easing back tension and restoring mind and body balance. Available for expectant moms in all stages of pregnancy.

REGISTERED MASSAGE THERAPY

Healing and recovery

60 mins

A customized massage performed by a BC

90 mins

Registered Massage Therapist. An ideal service to aid in rehabilitation of past and present injuries. Using advanced massage techniques, aches and pains are relieved to restore well-being and balance. A completely customizable experience; all designed just for you.

RHYTHMIC STONE MASSAGE

Relaxing and unique

90 mins

A relaxing and carefully choreographed treatment experience. This unique massage incorporates a light to medium pressure and warm relaxing stones with a custom blend of aromatherapy oils. Chakra work is incorporated into this treatment to ensure all Chakras are clear of negative or stagnant energy. An incredibly relaxing massage incorporating Swedish massage in tandem with heated smoothed stones to release tension and relax the body and mind.





FINAL TOUCHES



TO COMPLETE AND ENHANCE
YOUR EXPERIENCE. PAMPERED AND
POLISHED, WITH EXPRESS OPTIONS
FOR THOSE ON THE GO OR A MORE
LUXURY LAID BACK EXPERIENCE FOR
COMPLETE INDULGENCE.

WEST COAST SOAKLESS PEDICURE

60 mins

A complete sensory experience brings deep relief to the soles. Begin with aromatherapy soaked hot towels to cleanse the feet and legs, followed by a foot and leg scrub, natural, hydrating mask and sumptuous massage. A real treat for your feet, expert grooming and impeccable lacquer make this a perfect ten.

DELUXE PEDICURE

90 mins

Add a warm stone massage with shea butter and glacial honey to soothe and hydrate your skin. Complemented with a glass of champagne and sweet bites inspired by our award-winning Chef.

DELUXE MANICURE

60 mins

Stay a bit longer and relax with a hand and arm scrub, complete with a glacial honey massage for deliciously beautiful hands. Finish with your choice of colour or French polish.

SENSE TAPAS (ADD-ON)

Combine two or more tapas to create your own treatment experience or add any of the below to an existing treatment.

SCALP

30 mins

A head, neck and shoulder massage using our signature aromatherapy blend of peppermint, basil and rosewood.

SOLE

30 mins

Melted glacial honey and shea butter are blended together with heated stones for a tension relieving foot and lower leg massage.

SCRUB

30 mins

A revitalizing full body scrub and hydrotherapy cleaning with our Vichy Shower experience.

SPA ETIQUETTE



RESERVATIONS

Appointments must be booked 24 hours in advance; we are unable to accommodate same-day reservations. All our guests will be required to complete a short Health Screening Assessment prior to confirming the booking.

SPA AMENITIES

Spa guests are welcome to enjoy our Health Club and Pool facilities for up to an hour after their treatment. Please let us know at time of booking if you are planning on enjoying the Sense Spa facilities, reservations are required.

ARRIVALS

Treatments are carefully planned to accommodate each client. In a spirit of mutual respect, guests are requested to arrive on time in order to experience the full treatment time. Guests are encouraged to arrive no more than 10 minutes prior to their appointment. Late arrivals will be finished within the scheduled treatment time while the fee will remain unchanged. A pre-arrival email will be sent out with a health assessment and credit card authorization to ensure contactless check-in and payment.

ETIQUETTE

During these unprecedented times, masks are required at all times anywhere in Sense Spa. The spa environment is one of tranquility and relaxation. In consideration of other spa guests, guests are asked to speak quietly and switch off mobile phones and digital devices. If using headphones, the volume level should not be audible to other guests. The spa is a non-smoking zone.

SPECIAL REQUESTS

Trained professionals properly drape guests throughout their service. If there is a preference for a specific technician or a male or female therapist for spa treatments, spa staff will strive to fulfill wishes based upon availability. For assistance with anything during the spa experience, such as an adjustment to lighting, sound, temperature, pressure, or technique of the spa service, guests should inform their technician.

HEALTH

To maximize the benefits of the spa experience, guests should relate any health issues, allergies or injuries that may make the chosen treatment unsuitable. If you are feeling ill or have a fever, we ask that you contact us immediately and postpone your appointment. Therapists will be happy to advise safer alternatives.

PREGNANCY

Sense spa offers specially designed treatments for expectant mothers. Therapists can assist in selecting suitable treatments for this special time. Guests are also advised to consult their physician prior to booking.

CANCELLATIONS

If you wish to reschedule or cancel your booking, please be advised that a minimum 24-hour notice is required to avoid a 100% cancellation fee. No-shows are charged a 100% fee.

