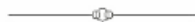


S E N S E  
A ROSEWOOD SPA®



Welcome to the Rosewood Wellbeing program, a uniquely designed lifestyle and treatment program including prevention-based Ayurveda consultations, exceptional pampering through indulging and rejuvenating treatments and rituals, organic and pollution-free ingredients, personalized tips and home follow up via email.

Ayurveda is known as the oldest system of natural medicine, with clear insights into the most fundamental constituents of the physiology and prescribing the procedures and treatments to restore and maintain mind-body balance.

**ROSEWOOD WELLBEING PROGRAM MENU**

**CONSCIOUS BODY RITUAL™**  
120 MINUTES | \$1,100.00\*

Conscious Body Ritual is a holistic and innovative ritual, with long lasting results, creating a reset of perceptions and emotions, a balanced mind, and the development of our spiritual perspectives. Deep rooted stress and emotions tend to accumulate in specific pressure points in the body and insidiously alter our perceptions and values. Conscious Body Ritual is a combination of treatments and techniques working in synergy to help restore balance and promote a deeper contact with your inner self. This treatment uses 11 of the purest essential oils and specially designed remedies creating enhanced benefits for body, mind and spirit.

*Please note: Conscious Body Ritual™ is a 3-Session Program*

**COUPLES RITUAL**  
120 MINUTES | \$900.00\*

This ritual specially designed for couples is a cocoon of bliss. It draws its charm and effectiveness from the synergistic effect of the carefully curated treatments that it features. Founded on authentic Ayurveda principles, our Couples Ritual delivers a blissful experience that is anchored around the mutual intention that you formulate together when preparing to enter the ritual. Our 3-in-1 treatment approach include a full bodywork experience, herbal pindas treatment, a 15 minutes olfacto therapy using pure essential oils, selected from our exquisite essential oil menu. Our Couples Ritual ushers your lifestyle into the next steps of inner light, balance, mutual connection and bliss.

**ROYAL BODY MASSAGE™ & SHIRODHARA**  
120 MINUTES | \$900.00\*

Stay in the flow of total wellbeing by creating an profound and authentic experience of healing so body, mind and spirit can settle deeply. Choose between one of our 3 massage remedies: Bhakti, Shakti and Moksha to strengthen the body and create a new sense of deep self-repair, followed by the traditional ayurvedic Shirodhara, to bring further peace to the mind. Shirodhara is a very relaxing treatment administered through a constant flow of warm herbalized oil on the forehead. The benefits of Shirodhara include improved blood circulation, reduced stress, improved sleeping patterns and cognitive functions, among others.

*Please note: Royal Body Massage™ and Shirodhara is a 3-Session Program*

*\*All prices are in U.S. Dollars and charged in Mexican Pesos according the daily exchange rate. A 15% service charge and 16% tax will be added. All rates are subject to change. Price list is valid from December 1st 2019 until further notice.*