



ROSEWOOD
SCHLOSS FUSCHL



SANCTUM

ELEVATED WELLBEING IN AT ICONIC LAKESIDE RETREAT

Sanctum's transformative movement experiences align seamlessly with the philosophy of Rosewood Schloss Fuschl — a place where refined luxury meets holistic wellbeing. Both brands share a deep commitment to creating meaningful, elevated experiences that reconnect guests with themselves and their surroundings.

Set on the serene shores of Lake Fuschl, Rosewood offers an atmosphere of tranquility, exclusivity and natural beauty — an ideal setting for Sanctum's immersive practices that unite body, mind and spirit. Together, we curate moments that go beyond traditional wellness.

This partnership creates a uniquely powerful synergy — an invitation for guests to explore physical vitality, emotional clarity and mindful luxury in one extraordinary place.



EXPERIENCE I – March 14th

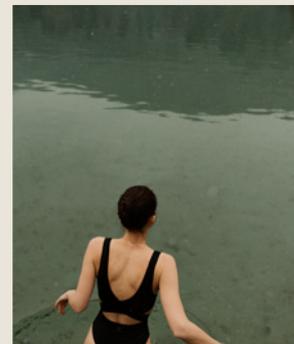
The Lake Ritual

Breath-led cathartic movement and immersive intensity unfold on the deck above Lake Fuschl. After the Sanctum Sequence, guests transition into a cold-water reset, followed by a sauna ritual.

A journey of arrival, release, and reconnection.

DR. JULIA CZECHNER MASTERCLASS

Discover the keys to a healthy, resilient skin barrier and learn which active ingredients your skin truly needs to stay balanced and strong. This masterclass combines dermatological expertise with a personalized skincare approach, designed to elevate your daily ritual.



PROGRAM

3.00 - 3.30 pm	Welcome Drinks
3.30 - 4.30 pm	Dr. Julia Czechner Masterclass
5.00 - 6.00 pm	Sanctum Experience
6.00 - 6.30 pm	Cold Plunge
6.30 - 7.30 pm	Sauna Ritual
8.00 pm	Dinner

*A lakeside immersion
designed to awaken the body
and settle the mind.*

EXPERIENCE 2 – March 20th

The Salt Mine Ritual

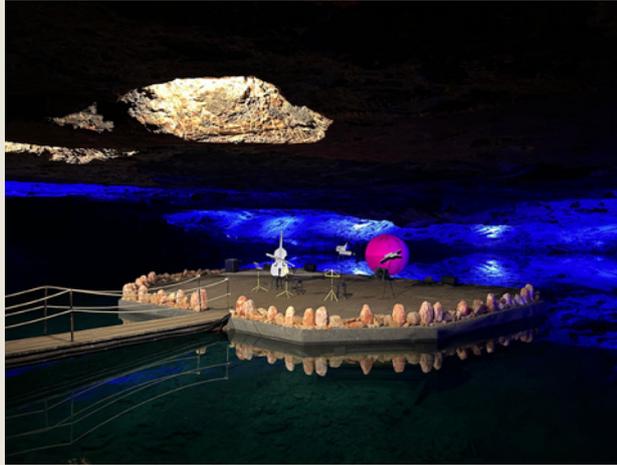
Inside the ancient salt mine, guests move through a guided walk and a powerful Sanctum Sequence designed to shift energy and renew presence.

The ritual closes with a salt tasting — an elemental reminder of where grounding begins.

A transformative encounter with silence, depth, and inner expansion.

SUSANNE KAUFMANN MASTERCLASS

An Austrian wellness pioneer blending Alpine botanical wisdom with high-performance skincare, offering immersive masterclasses that nourish both skin and senses while elevating overall wellbeing.



*A rare descent into
the earth.*

PROGRAM

- 12.00 - 12.30 pm Flying Lunch & Welcome Drinks
- 12.30 - 1.30 pm Masterclass with Susanne Kaufmann
- 2.00 - 3.00 pm Travel to Salt Mine
- 3.00 - 5.00 pm Sanctum Experience in Salt Mine
- 5.00 - 6.00 pm Return from Salt Mine



EXPERIENCE 3 – March 21st

The Alpine Sanctuary Hike

Sanctum weaves cathartic movement, community and reflection into a guided hike through nature — a flowing sequence designed to reconnect you within, between, and beyond.

An expansive morning that leaves guests energized, aligned, and fully present.



*A mindful hike through the
forested slopes of Fuschl.*

PROGRAM

10.00 - 10.30 am	Drive to Hiking Location
10.30 - 12.30 pm	Hike & Sanctum Experience
12.30 - 1.00 pm	Drive back
1.30 - 3.00 pm	Lunch
Afternoon	Leisure time at Asaya Spa

A PROGRAM DESIGNED FOR MINDFUL ELEVATION

The Lake Ritual

EXPERIENCE 1

TIMES

March 14th
4.00pm - 8.00pm

PACKAGES

FOR 1 FOR 2

Day Pass	€ 353	€ 585
2-Night-Stay <i>starting from</i>	€ 1,225	€ 1,485
<i>(13th - 15th March)</i>		
<i>including Experience 1</i>		

The Salt Mine Ritual

EXPERIENCE 2

TIMES

March 20th
12.00pm - 6.00pm

PACKAGES

FOR 1 FOR 2

Day Pass	€ 365	€ 645
2-Night-Stay <i>starting from</i>	€ 1,265	€ 1,545
<i>(19th - 21st March)</i>		
<i>including Experience 2</i>		
3-Night-Stay <i>starting from</i>	€ 2,060	€ 2,610
<i>(19th - 22nd March)</i>		
<i>including Experience 2 and 3</i>		

OPTIONAL ADD-ON

Susanne Kaufmann Treatment

The Alpine Sanctuary Hike

EXPERIENCE 3

TIMES

March 21st
9.45am - 3.00pm

PACKAGES

FOR 1 FOR 2

Day Pass	€ 345	€ 615
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OPTIONAL ADD-ON

Susanne Kaufmann Treatment

SUSANNE KAUFMANN

ADD-ONS

THE BARRIER REPAIR FACIAL 60 minutes — € 140

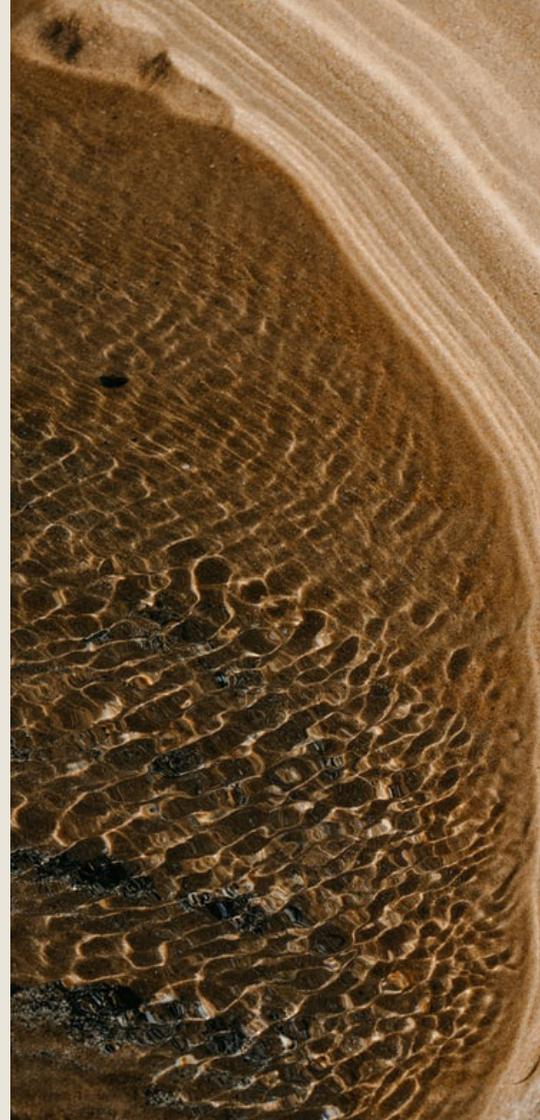
A strengthening treatment for skin that needs comfort and resilience. The Barrier Repair Facial is designed to calm sensitivity, reinforce the skin barrier, and support recovery from daily environmental aggressors. Multi-serum layering delivers concentrated nutrients to nourish, smooth fine lines, and restore softness and radiance. An indulgent massage across the neck, face, and scalp releases deep-set tension and supports circulation, leaving skin soothed, fortified, and visibly healthier.

THE GLOW FACIAL 60 minutes — € 140

A transformative radiance-boosting treatment for tired, dull, or dehydrated skin. The Glow Facial targets the visible effects of pollution and lifestyle stress through advanced mask therapy: the Glow Mask deeply cleanses and brightens, followed by the Moisturising Mask to replenish critical hydration, refine texture, and support elasticity. Skin is left visibly smoother, refreshed, and lit from within with a healthy, luminous glow.

THE SIGNATURE BODY MASSAGE 60 minutes — € 160

A full-body ritual of active restoration, inspired by Susanne Kaufmann's Alpine spa heritage. This bespoke massage blends therapeutic and deeply relaxing techniques to release tension, support circulation, and restore natural balance from head-to-toe. Precious plant oils cushion the skin in nourishment, helping to sustain hydration and softness throughout the treatment. You'll leave feeling grounded, re-energised, and renewed: body restored, mind quiet, skin comforted.





DR. JULIA CZECHNER TREATMENT MENU

IV DRIPS (INFUSIONS)

SUPER IMMUNE BOOST

40 minutes

- Strengthens your immune system
- Speeds up your recovery
- Enhances your performance

NAD & REVERSE-AGING

60 minutes

- Repairs DNA strands
- Slows down cellular aging
- Enhances brain function and memory

DETOX PLUS

40 minutes

- Reduces harmful free radicals
- Promotes detoxification of your cells
- Strengthens cellular processes and regenerates mitochondria

SKIN & HAIR BOOSTER

40 minutes

- For skin and hair, promotes hair growth and reduces color loss (graying)
- Stimulates collagen production in skin and hair
- Improves skin texture and supports cellular regeneration





DR. JULIA CZECHNER TREATMENT MENU

SKIN TREATMENTS

SKIN BARRIER GLOW

50 minutes / 90 minutes

Unveil your skin's natural filter. This medical-grade facial combines deep but soft purification with active skin regeneration. We start with a deep foam cleanse and a bespoke medical peel to refine pores, even out the skin tone and stimulate deep cell activity. The experience concludes with a calming silk sheet mask and a soothing detox massage using Dr. Julia cooling globes—locking in moisture with her skinbarriere mask for a plump, even, and instantly luminous complexion. Rediscover your glow.

MICRONEEDLING

120 minutes

Deep renewal from within. Activate your skin's natural repair mechanism with our signature medical microneedling.

Starting with a soft foam deep cleanse and disinfection, followed by medical microneedling. This rapidly stimulates the collagen and elastin production and evens out your skin tone. The treatment concludes with a comforting skinbarrier mask for deep hydration for a plump, dewy finish. Suitable for all skin types.

Upgrade your results: Customize with Dr. Julia's high-potency Exosome, Super Anti-Aging, or Anti-Pigmentserums.

DETOX PLUS

50 minutes / 90 minutes

The uplifting gym for your face. Achieve a visibly lifted look without needles. After a deep cleanse and activating enzyme peel, we perform our signature Sculpting "SkinGym" deep tissue fascia massage. This intensive technique releases deep-seated tension and adhesions, boosting muscle circulation to naturally re-contour your features. Customized with an optional Retinol infusion, this treatment smooths fine lines and delivers an instant, firming lift.



ROSEWOOD
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SANCTUM

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