



ROSEWOOD
SCHLOSS FUSCHL



SANCTUM

ELEVATED WELLBEING IN AT ICONIC LAKESIDE RETREAT

Sanctum's transformative movement experiences align seamlessly with the philosophy of Rosewood Schloss Fuschl — a place where refined luxury meets holistic wellbeing. Both brands share a deep commitment to creating meaningful, elevated experiences that reconnect guests with themselves and their surroundings.

Set on the serene shores of Lake Fuschl, Rosewood offers an atmosphere of tranquility, exclusivity and natural beauty — an ideal setting for Sanctum's immersive practices that unite body, mind and spirit. Together, we curate moments that go beyond traditional wellness.

This partnership creates a uniquely powerful synergy — an invitation for guests to explore physical vitality, emotional clarity and mindful luxury in one extraordinary place.



EXPERIENCE I – March 14th

The Lake Ritual

Breath-led cathartic movement and immersive intensity unfold on the deck above Lake Fuschl. After the Sanctum Sequence, guests transition into a cold-water reset, followed by a sauna ritual.

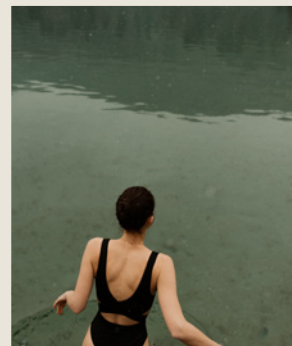
A journey of arrival, release, and reconnection.

DR. JULIA CZECHNER MASTERCLASS

Dr. Julia Czechner is a doctor and skincare expert known for her science-based approach to aesthetic and regenerative wellness. Her work focuses on supporting the skin's natural functions, combining medical insight with holistic principles to promote long-term skin health, balance and natural beauty.



*A lakeside immersion
designed to awaken the body
and settle the mind.*



PROGRAM

3.00 - 3.30 pm	Welcome Drinks
3.30 - 4.30 pm	Dr. Julia Czechner Masterclass
5.00 - 6.00 pm	Sanctum Experience
6.00 - 6.30 pm	Cold Plunge
6.30 - 7.30 pm	Sauna Ritual
8.00 pm	Dinner

EXPERIENCE 2 – March 20th

The Salt Mine Ritual

Inside the ancient salt mine, guests move through a guided walk and a powerful Sanctum Sequence designed to shift energy and renew presence.

The ritual closes with a salt tasting — an elemental reminder of where grounding begins.

A transformative encounter with silence, depth, and inner expansion.

SUSANNE KAUFMANN MASTERCLASS

An Austrian wellness pioneer blending Alpine botanical wisdom with high-performance skincare, offering immersive masterclasses that nourish both skin and senses while elevating overall wellbeing.



*A rare descent into
the earth.*

PROGRAM

12.00 - 12.30 pm	Flying Lunch & Welcome Drinks
12.30 - 1.30 pm	Masterclass with Susanne Kaufmann
2.00 - 3.00 pm	Travel to Salt Mine
3.00 - 5.00 pm	Sanctum Experience in Salt Mine
5.00 - 6.00 pm	Return from Salt Mine



EXPERIENCE 3 – March 21st

The Alpine Sanctuary Hike

Sanctum weaves cathartic movement, community and reflection into a guided hike through nature — a flowing sequence designed to reconnect you within, between, and beyond.

An expansive morning that leaves guests energized, aligned, and fully present.



*A mindful hike through the
forested slopes of Fuschl.*

PROGRAM

10.00 - 10.30 am	Drive to Hiking Location
10.30 - 12.30 pm	Hike & Sanctum Experience
12.30 - 1.00 pm	Drive back
1.30 - 3.00 pm	Lunch
Afternoon	Leisure time at Asaya Spa

A PROGRAM DESIGNED FOR MINDFUL ELEVATION

The Lake Ritual

EXPERIENCE 1

TIMES

March 14th

4.00pm - 8.00pm

PACKAGES

	FOR 1	FOR 2
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Day Pass	€ 353	€ 585
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2-Night-Stay	starting from € 1,225	€ 1,485
(13 th - 15 th March)		
including Experience 1		

The Salt Mine Ritual

EXPERIENCE 2

TIMES

March 20th

12.00pm - 6.00pm

PACKAGES

	FOR 1	FOR 2
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Day Pass	€ 365	€ 645
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2-Night-Stay	starting from € 1,265	€ 1,545
(19 th - 21 st March)		
including Experience 2		

3-Night-Stay	starting from € 2,060	€ 2,610
(19 th - 22 nd March)		
including Experience 2 and 3		

OPTIONAL ADD-ON

Susanne Kaufmann Treatment

The Alpine Sanctuary Hike

EXPERIENCE 3

TIMES

March 21st

9.45am - 3.00pm

PACKAGES

	FOR 1	FOR 2
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Day Pass	€ 345	€ 615
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OPTIONAL ADD-ON

Susanne Kaufmann Treatment

SUSANNE KAUFMANN

ADD-ONS

THE BARRIER REPAIR FACIAL 60 minutes — € 140

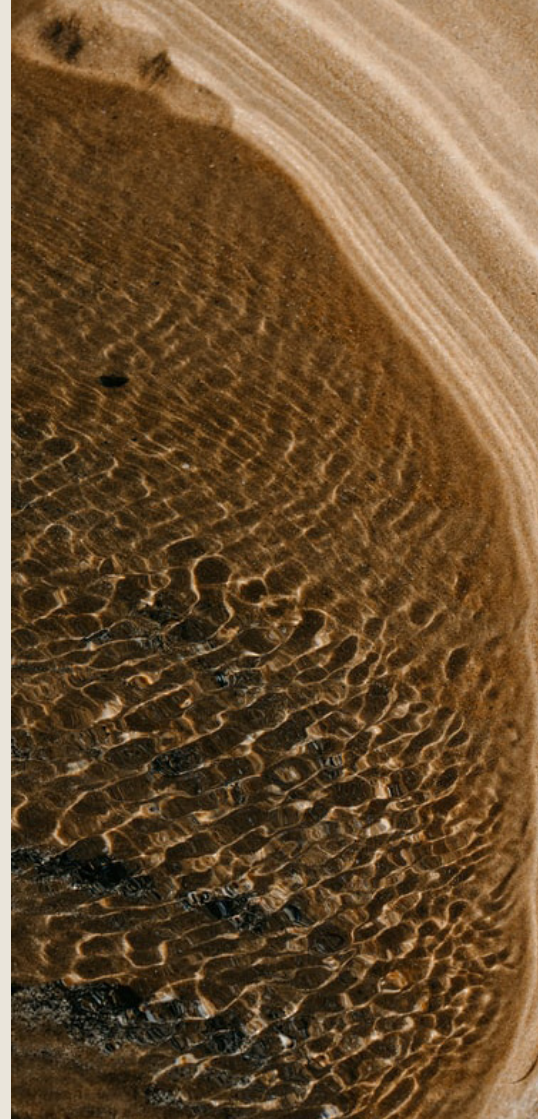
A strengthening treatment for skin that needs comfort and resilience. The Barrier Repair Facial is designed to calm sensitivity, reinforce the skin barrier, and support recovery from daily environmental aggressors. Multi-serum layering delivers concentrated nutrients to nourish, smooth fine lines, and restore softness and radiance. An indulgent massage across the neck, face, and scalp releases deep-set tension and supports circulation, leaving skin soothed, fortified, and visibly healthier.

THE GLOW FACIAL 60 minutes — € 140

A transformative radiance-boosting treatment for tired, dull, or dehydrated skin. The Glow Facial targets the visible effects of pollution and lifestyle stress through advanced mask therapy: the Glow Mask deeply cleanses and brightens, followed by the Moisturising Mask to replenish critical hydration, refine texture, and support elasticity. Skin is left visibly smoother, refreshed, and lit from within with a healthy, luminous glow.

THE SIGNATURE BODY MASSAGE 60 minutes — € 160

A full-body ritual of active restoration, inspired by Susanne Kaufmann's Alpine spa heritage. This bespoke massage blends therapeutic and deeply relaxing techniques to release tension, support circulation, and restore natural balance from head-to-toe. Precious plant oils cushion the skin in nourishment, helping to sustain hydration and softness throughout the treatment. You'll leave feeling grounded, re-energised, and renewed: body restored, mind quiet, skin comforted.



The background is a dark teal color. On the left side, there is a landscape image showing a lake, mountains, and a small town. On the right side, there is an image of a crowd of people with their hands raised in the air. The text is centered in the middle of the image.

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SANCTUM

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