



VALMONT SPA

AT

The Carlyle

BOOK NOW

Exclusive Facials

ONLY AT THE CARLYLE...

120 min **\$1500**

Indulge yourself in total serenity that the Valmont Spa has to offer with this exclusive two-therapist treatment. A 60-minute relaxing massage and 90-minute OxyLight facial with a guasha overlapping to provide the ultimate treatment from head to toe. Two therapists, four hands and one perfect moment that everyone deserves.

THE CARLYLE OXYLIGHT EXCLUSIVE

90 min **\$850**

This exclusive treatment, created for The Carlyle, offers the ultimate in rejuvenation and relaxation. Luxury and efficacy are combined for a complete anti-aging treatment that leaves skin nourished, revitalized, firm and glowing in new found youth! Included is the revolutionary OxyLight aesthetic treatment device for the face combined with an extensive facial routine and Valmont's Signature Regenerating collagen mask.

ULTIMATE FACIAL

L'Elixir des Glaciers Majestic Treatment

90 min **\$895**

Born from the most coveted L'Elixir des Glaciers, Essences of Bees collection, this divine treatment is infused with extraordinary compounds of moisturizing honey, purifying propolis and regenerating royal jelly. Coupled with our bespoke massage technique, it is a treat for the décolleté, neck and hands, empowering moisture and radiance to reveal a lustrous clear complexion, that eclipses the signs of age.

Signature Facial Treatments

HYDRATION OF THE BISSES

Hydration Ritual

60 min **\$375**

90 min **\$480**

A slow, delicate, and singularly relaxing massage facial that targets the lymphatic system to improve fluid flow. This treatment fills the epidermis with water to reveal vibrant, supple, re-plumped skin.

ENERGY OF THE GLACIERS

Energy Ritual

60 min **\$375**

90 min **\$480**

A dual energizing and relaxing massage focused on the vascular system. This treatment revitalizes the skin by stimulating cell oxygenation and dissolving any sign of fatigue. The skin revels in newfound energy and vigor, while the complexion appears fresh and radiant.

LUMINOSITY OF ICE

Luminosity Ritual

60 min **\$375**

90 min **\$480**

Grounded in facial reflexology, this treatment refines the skin's texture and calls forth the glow of a unified complexion. The skin is softer, smoother and altogether radiant, with fewer irregularities.

LIFT FROM THE PEAKS

Anti-Wrinkle & Lifting Ritual

60 min **\$375**

90 min **\$480**

Inspired by fascia therapy, this slow, deep massage fights wrinkles by relaxing and toning the muscles. This treatment program provides an intense smoothing effect while alleviating stress in areas with superficial or more pronounced wrinkles.

FIRMNESS OF THE HILLS

Firmness Ritual

60 min **\$375**

90 min **\$480**

A deep tissue massage for the face to heighten the skin's firmness to reveal visibly younger skin with enhanced volume definition. The movements in the treatment include deep kneading, palpating and rolling as well as powerful smoothing motions.

ESSENTIAL RITUAL FOR MEN

60 min **\$375**

90 min **\$480**

This facial, exclusively designed for men, combines high performance products to help rebalance the skin leaving it hydrated, energized and rested.

Treatment Enhancements

ADD-ON OPTIONS OF OXYLIGHT

\$200

LED Therapy, Diamondabrasion, Oxygenation, Microcurrent, Ultrasound

COLLAGEN MASKS

Eye Collagen Mask

\$95

Face Collagen Mask

\$150

Neck and Décolleté Collagen Mask

\$195

DRY BRUSH EXFOLIATION

\$150

FACIAL EXTRACTIONS

\$100

Signature Massages

RELAX & HARMONIZE – Serene Valley

30 min **\$175**

60 min **\$295**

90 min **\$375**

120 min **\$480**

A massage with appropriate suitable pressure and rhythms to relax your mind and harmonize your body's vital energy to recover stillness and serenity.

ENERGIZE & INVIGORATE – Alpine Vitality

30 min **\$175**

60 min **\$295**

90 min **\$375**

120 min **\$480**

Focus on addressing deeper muscular aches and tensions; enhanced with Thai stretches to un-block joints, release tension and allow the body's subtle energies to flow.

CLEANSE & PURIFY – Stream of Purity

60 min **\$295**

90 min **\$375**

120 min **\$480**

Starting with detoxifying dry brush back exfoliation, continuing with deeper movements to help muscles relax and get rid of their toxins.

FOOT REFLEXOLOGY

30 min **\$175**

60 min **\$295**

Therapist works on deep reflex zones of both feet that relate to all major organs of the body.

MOTHER-TO-BE MASSAGE

60 min **\$295**

90 min **\$375**

A pampering massage to relieve back tensions and swelling in your hands and feet (during second and third trimesters of pregnancy).

THE CARLYLE COUPLES MASSAGE

60 min **\$295**

90 min **\$375**

Enjoy a bespoke spa moment with your loved one, choosing any of our massages, which can be performed in the couples private room.

IN ROOM MESSAGES: Additional \$100 applied to regular massage price. Please call the spa for more information.

Signature Body Treatments

THE HYDRA ESCAPE

90 min **\$450**

120 min **\$600**

The ultimate body treatment beginning with full body exfoliation followed by a rejuvenating LED waterfall shower to rediscover the softness of your once baby skin. Then a soothing 60-minute massage will help you relax muscle tension and leave your whole body feeling refreshed.

Detoxifying wrap available as an add-on to enhance this hydrating and detoxing experience.

FIT & TONE – Peaks of Slimness

60 min **\$295**

A full-body remodeling. Kneading and decongesting movements, friction and smoothing pressures for body toning.

Spa services will be available Monday – Friday 9 am to 7 pm, Saturday and Sunday 9 am to 6 pm. Reservation recommended.

BOOK NOW

For inquiries, reservations or questions, please call: 212-660-7560

Check-in policy – Once appointment is booked, if you would like to indulge in additional spa amenities, please call the spa reception in advance for proper preparation.

Cancellation Policy – All services booked are guaranteed. No-shows and cancellations made less than 24 hours before the scheduled time will be billed at the full treatment rate. Please arrive at least 15 minutes prior to your first appointment.

Gift Cards – Valmont gift cards are available and can be applied towards the purchase of products or services. Gift cards must be presented at time of redemption.

Special Events – Combine exclusive spa services in a private luxurious setting to enhance your memorable event. For more details, please contact the spa director at 212-660-7560.

Hair, Nails and Makeup – We are proud to partner with Yves Durif Salon at The Carlyle. For more details, please call the Salon at 212-452-0954.

For Covid-19 Safety Measures, the spa abides by all NY CDC guidance and recommendations.

Spa services are subject to 4.5% tax and 20% gratuity. Spa products are subject to 8.875% tax.