

Appetizers

Chips + Avocado

crushed avocado, lime, cilantro, kettle chips | 14 ✓

Fritto Misto

remoulade sauce, tempura calamari, prawns | 19

Ahi Tuna Tartare

english pea, avocado, radish, lemon vinaigrette •• | 19

Dungeness Crab Cakes

chipotle aioli, pickled onion | 32

Flatbread

Four Cheese cured tomato, castelvetro olive, arugula | 19

Caramelized Onion + Pancetta fromage blanc, thyme | 24

Soup + Salad

Tomato Soup

crisp chickpeas, coriander | 13 ✓ (GF)

Spring Salad

organic greens, peas, asparagus, radish, cherry, sherry vinaigrette | 13 ✓

Wild Arugula

quinoa, strawberry, hazelnut, toasted goat cheese
citrus vinaigrette | 13 ✓ (GF)

Baby Kale Caesar

parmesan, rye, white anchovy, caesar dressing •• | 14

Chicken Cobb

avocado, tomato, grilled corn, egg, bacon, smoked blue
herb-buttermilk dressing | 20

Crab + Avocado Salad

dungeness crab, gem lettuce, asparagus, tomato, scallion, sourdough
lemon-herb dressing | 28

Salad Additions chicken breast 8 shrimp 10 salmon 14

✓ Vegetarian (GF) Gluten Free

•Served raw or undercooked, or contain raw or undercooked ingredients

•Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of foodborne illness,
especially if you have certain medical conditions

Sandwiches

*gluten free bread available upon request
choice of french fries or green salad*

Avocado Toast

tomato, egg, goat cheese, pickled onion, everything spice | 17 ✓

Grilled Cheese

gruyere, pt reyes toma, thyme-shallot jam, acme sourdough | 16 ✓
add bacon | 3 cup of tomato soup | 6

Turkey Club

smoked bacon, arugula, cured tomato, burrata, herb-caper aioli | 19

BLT + E

pork belly, sunny side up egg, frisee, smoked tomato aioli | 18

One Iron Burger

grilled onion, lettuce, pork belly, gruyere, smokey special sauce | 23

Natural Angus Burger

lettuce, tomato, onion, pickles, white cheddar, mustard aioli •• | 19
add Bacon | 3 Avocado | 3 Pork Belly | 4 Fried Egg | 2

Entrées

King Salmon

spring peas, grain salad, pistachio chimichurri •• | 30

Steak + Fries

grilled skirt steak, garlic-parmesan fries, arugula salad •• | 28 (GF)

Mary's Chicken Breast

potato + onion hash, asparagus, peppercorn jus | 26 (GF)

Beverages

Sparkling or Still Water

small | 7 large | 10

Soda | 5

Iced Tea or Lemonade | 5

Coffee | 8

Hot Tea | 6